
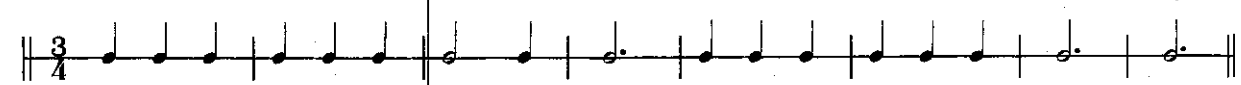
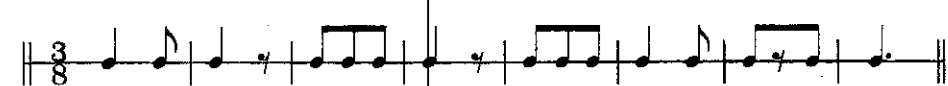

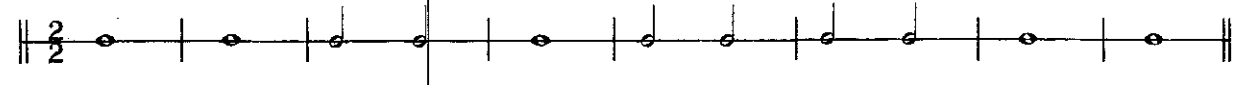



7. $\frac{2}{8}$ 


8. $\frac{3}{4}$ 

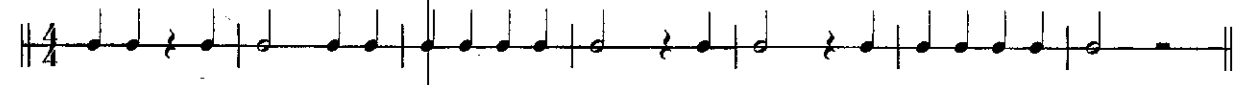
9. $\frac{3}{8}$ 

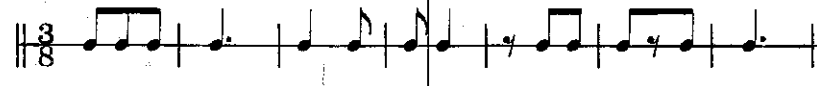
10. $\frac{3}{4}$ 

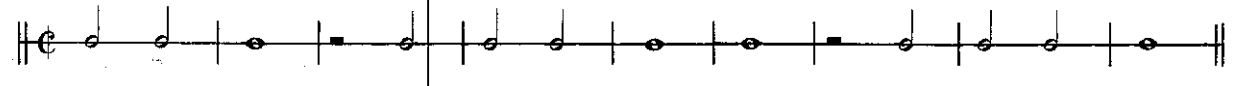
11. $\frac{2}{2}$ 

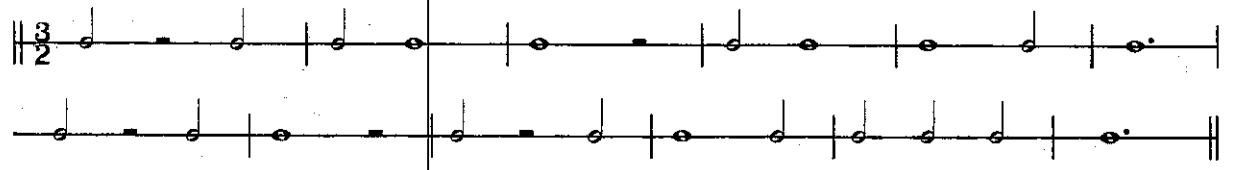
12. $\frac{3}{2}$ 

13. C 

14. $\frac{4}{4}$ 

15. $\frac{3}{8}$ 

16. C 

17. $\frac{3}{2}$ 

(Ex. No. 1 below)

Pattern

 Half pulse

 Pulse

 etc.

Some of the drills are quite difficult to perform and will require a certain amount of practice before good body co-ordination is acquired.

Alla breve

67. $\frac{4}{2}$

Allegro

68. $\frac{4}{4}$

69. $\frac{4}{4}$

70. $\frac{4}{4}$

71. $\frac{4}{4}$

72. $\frac{4}{4}$

Ac
73. $\frac{4}{4}$

75.

76.

77.

Adagio

73. $\frac{4}{4}$

Adagio

74. $\frac{4}{4}$

Alla breve

75. $\frac{4}{2}$

76.

Allegro

77. $\frac{4}{4}$

Adagio

78. $\frac{4}{4}$